

# Open-Inclusive-Hackable-Dynamic-Participatory Designing for Belonging and Wellness Our Agenda

- Design that responses to the unique research, learning, and belonging needs of MIT
- Prioritizing inclusivity, sustainability, and well-being
- Hayden Library & Courtyard as a Model of the academic library of the future
- Development activities in support of the Hayden Library & Courtyard Renovation

"Libraries have a unique role to play at an institution like MIT, especially the physical spaces of the Libraries," says MIT Libraries Director Chris Bourg. "It was critical that the new Hayden Library and courtyard meet some core needs for the MIT community, including a place for working hands-on with collections, spaces for collaborative group work and community building, and accessible, welcoming spots for working or relaxing in beautiful surroundings."

"We wanted to make Hayden more of a watering hole, a place that drew people from all over campus to encounter ideas and one another," says Mary Fuller, a professor of literature who served on the Institute-wide Task Force on the Future of Libraries. "You'll see open vistas, more entryways, and dramatic improvements to accessibility. Inside the library and around its margins, there is a gradation of spaces, from the outdoor public space of a redesigned courtyard through event spaces and classrooms, all the way to small private spaces where one or two people can work."

## Belonging and Wellbeing at MIT

"MIT will cultivate a community in which people feel connected to each other, share a sense of purpose, and support each individual's freedom to be themselves and respectfully express their views..."

MIT Strategic Plan for Belonging, Achievement, and Composition

"The cornerstone of an MIT education is our commitment to hands-on learning, both inside and outside the classroom. Fundamental to that commitment is the health and wellbeing of our students. We envision a culture that allows all students to flourish holistically...We want to make MIT known for its culture of wellbeing..."

MIT Office of Student Wellbeing's Health Promotion Working Group











# Prioritizing Inclusivity, Sustainability, & Wellbeing

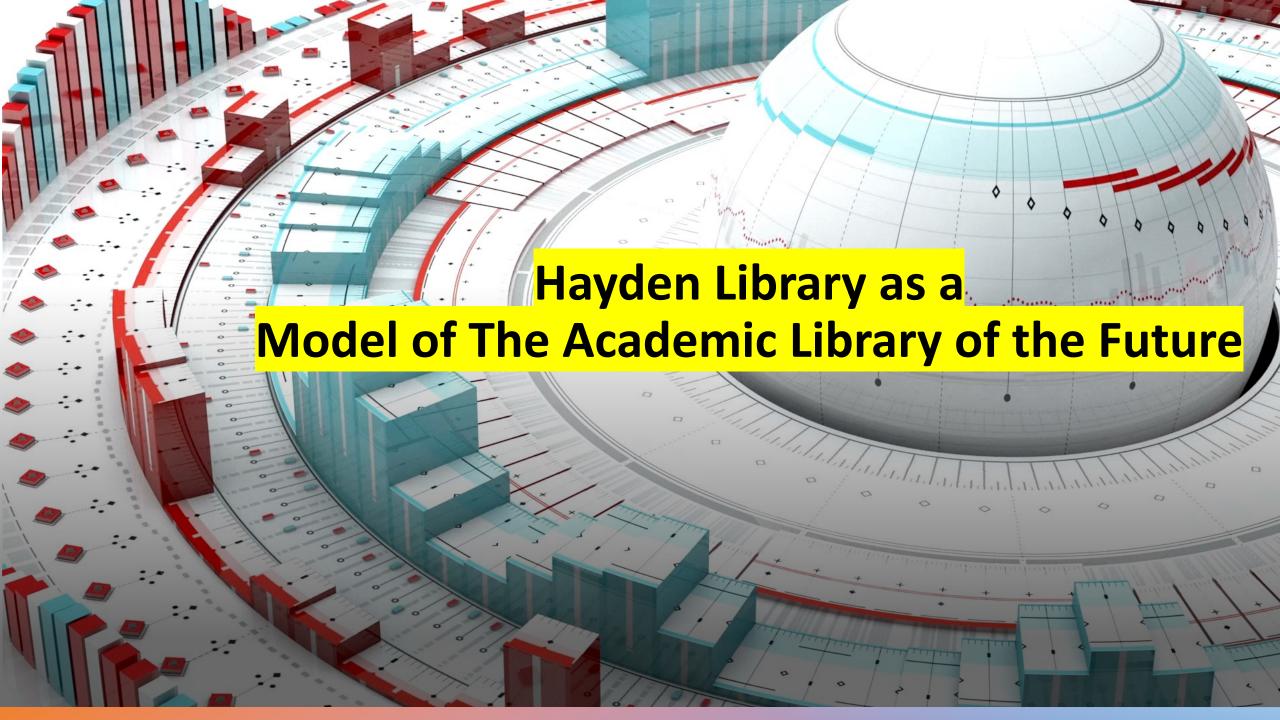






# The Oasis of Calm Second Floor









# Hayden Library as a Model of The Academic Library of the Future: Grounded in Research, Powered by Humans

• The architecture firm's "Research Crossroads" design concept centers research collaboration by placing research literally and figuratively within the center of the library

 Study rooms and spaces are designed to invite multi-mode engagement collaborative or individual

Our Director of Community Engagement and the Program Head for Access Services
 & Libraries Learning Spaces roles are central to the success of the Hayden and
 Courtyard programmatic efforts

## Upon Reflection

What Makes Us Proud What Challenges Us What Are Our Opportunities

## What Makes Us Proud

- The Courtyard won a Merit Award in General Design from the Boston Society of Landscape Architects!
- Hayden Library is longlisted for a Dezeen 2023 Award for Sustainable Renovation!
- We were honored by the Class of 2024 who placed Hayden Library on their Brass Rat (class ring)!
- The gate court is higher than pre-pandemic numbers (reopening number were 53% higher than 2019)!
- The Nexus space hosted 72 events in the 2022-2023 academic year!
- We receive requests from various entities within MIT to host meetings and social events within the Nexus and the Courtyard!

#### Our Challenges and Opportunities

- Climate related changes in Cambridge/New England has resulted in rainstorm water infiltration in various parts of Hayden
- We receive a few patron complaints about the lack of second floor silent space seating each semester
- Partnering with Campus Facilities to ensure "eagle-eyed" attention is being placed on facilities maintenance
- The emphasis on patron belonging meant limited initial focus on staff belonging efforts within our spaces

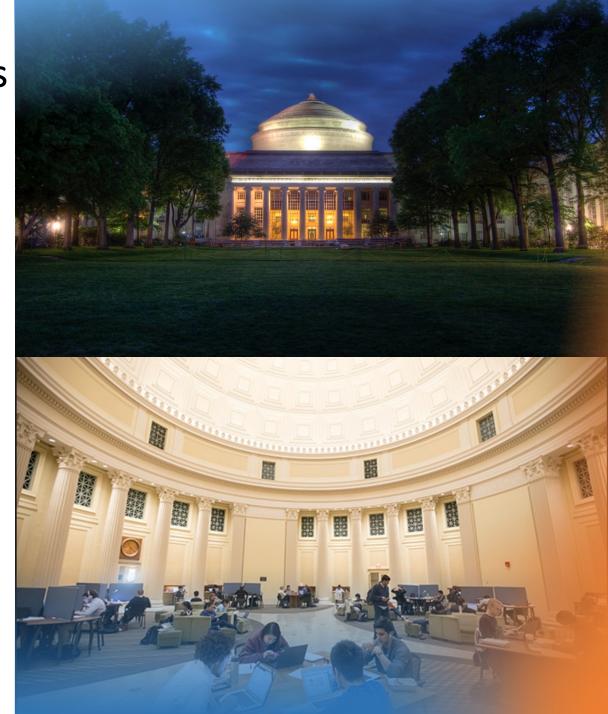
- Replicating parts of the Hayden success model into our other libraries (i.e. 24/7 tap card access to study spaces)
- Prioritizing more "intellectual sandboxing" with our community so that they can gather and explore in a judgement-free environment
- Determining how to best assess belonging
- Thinking about and planning for staff space usage evolutions as part of our essential core and "the future of work"



#### Capital Projects for the MIT Libraries

- Five Libraries
  - Barker (Engineering)
  - Dewey (Business)
  - Lewis (Music)
  - Rotch (Architecture and Planning)
  - Hayden (Humanities and Science)

 Barker Library underwent a full "restoration" in 2013. This library is also the iconic Dome image that is used in many marketing materials for MIT





# **Total Project Cost: \$32 million**

Institute Support: \$30 million

Fundraising Goal: \$2 million

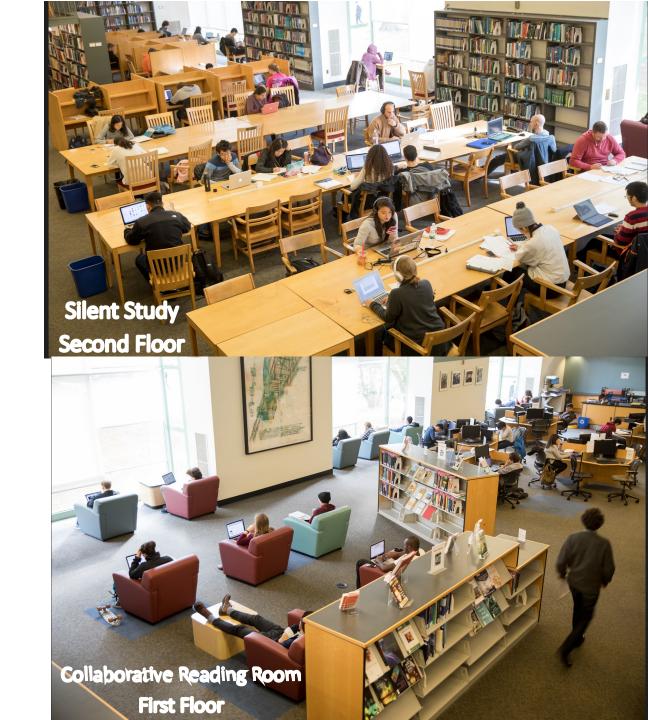


# **Fundraising Strategy**

Approximately 350 Libraries donors annually

Project featured during the MIT 24 Hour Challenge (Annual Giving Day)

Met goal in 18 months with support of three major donors



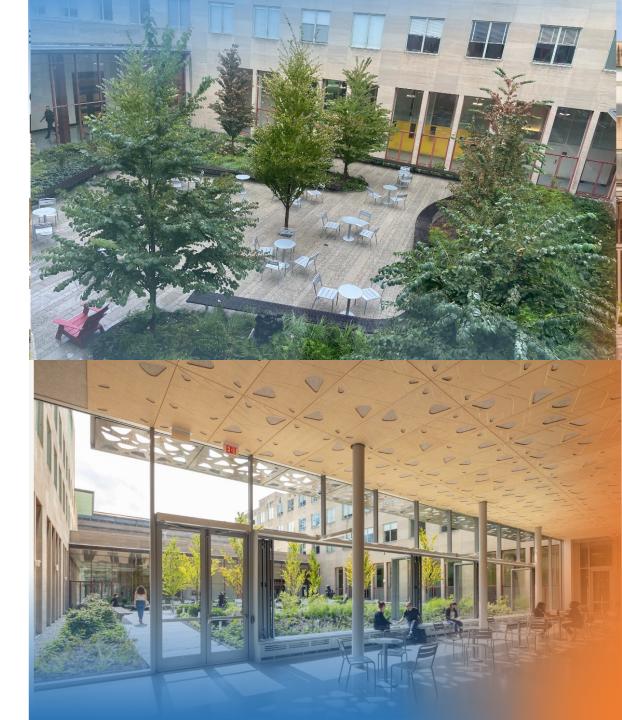


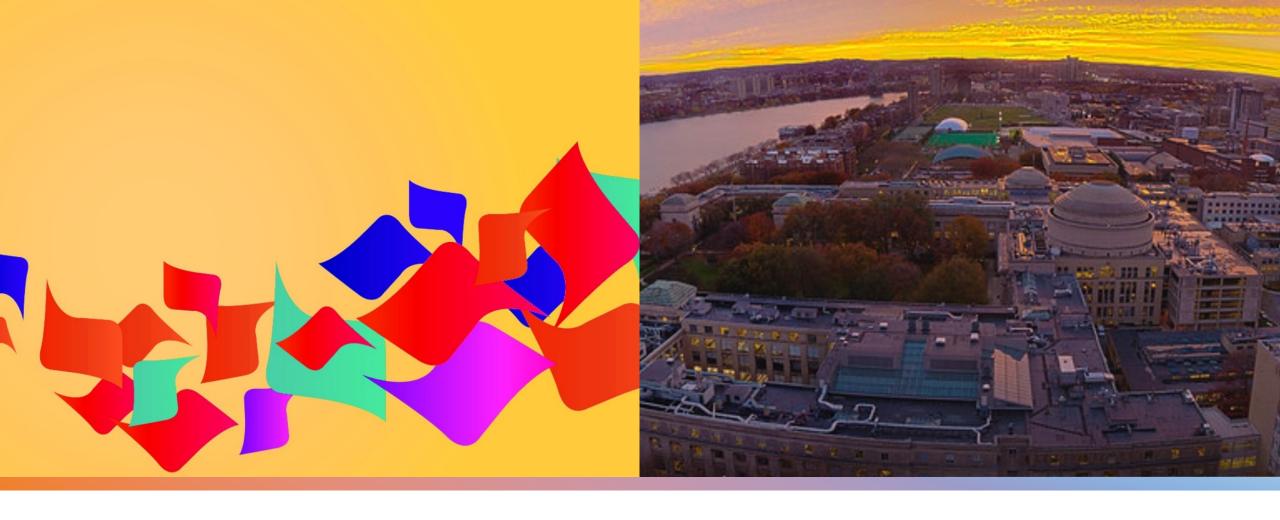
## Fundraising Surprises

- One of the Hayden Library Renovation donors advocated for also renovating the Courtyard
  - Donor funded the Design Study (\$75k)
  - Fundraising goal for Courtyard set at \$5 million
  - Received the greenlight to fundraise for the project in October 2019

#### Fundraising for an Unexpected Capital Project

- MIT fast-tracked the project to create two naming opportunities
  - \$3 million for entire Courtyard
  - \$1M for new "Porch" that serves as an accessible gateway to Hayden and the new Courtyard Cafe
- Two of the three donors from the Hayden Renovation supported the Courtyard at \$1.5 million
- One new donor to the Libraries made a \$500k donation
- Final cost of project raised to \$5.5 million
- Received a \$1.5 million grant from anonymous founder in July 2023
- No named spaces (yet), \$1.3 million remaining to raise





# Thank You!



# Library as Platform: Designing for Belonging & Wellness

Designing Libraries X October 8-10, 2023 University of Arizona

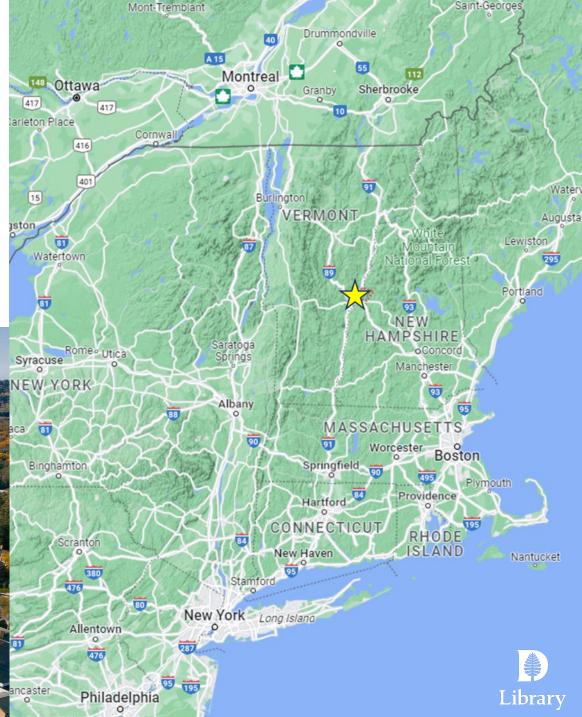
Jennifer Taxman Associate Dean of Libraries Dartmouth jennifer@dartmouth.edu

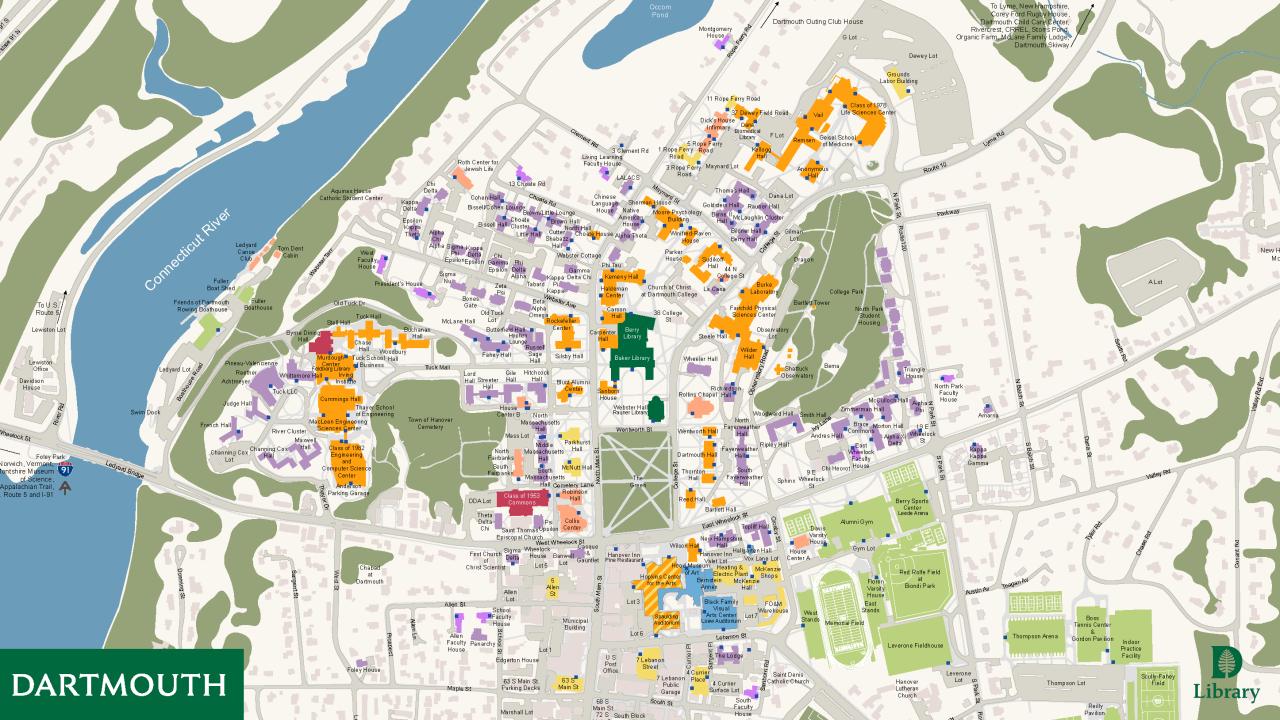


#### DARTMOUTH

Hanover, New Hampshire









Baker Library, built 1928



Berry Library, addition 2000

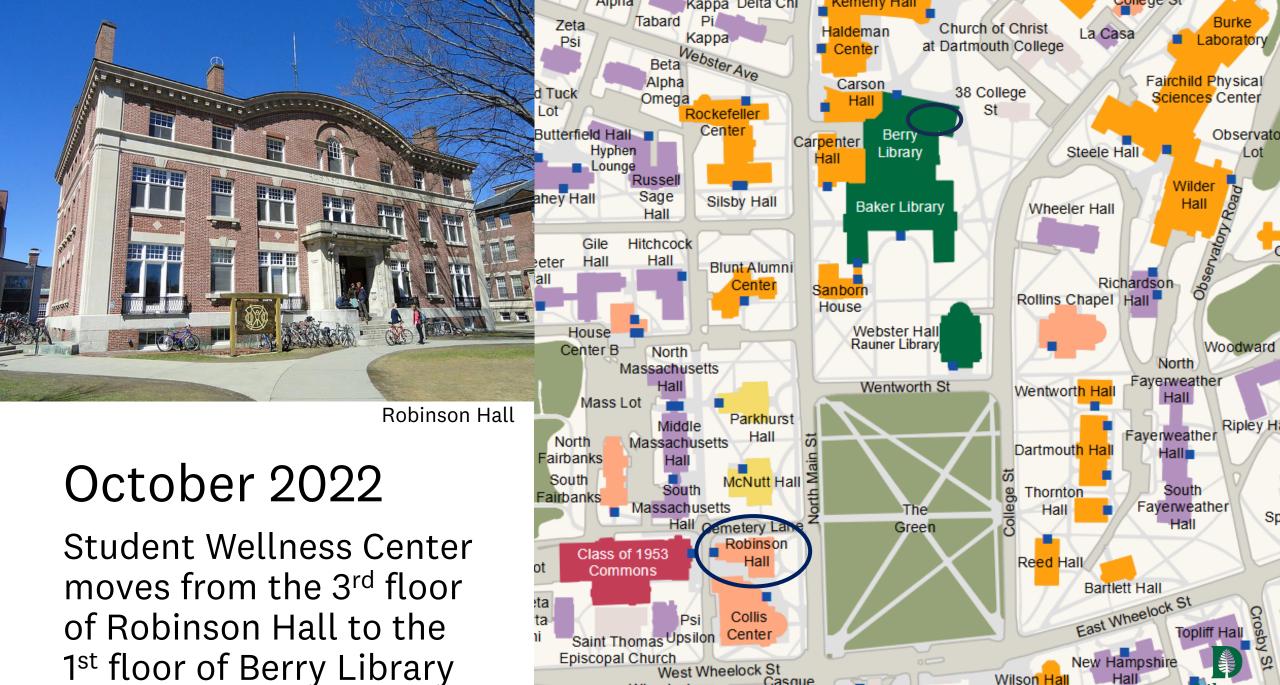


#### Day of Caring 21 October 2022



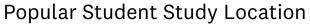


Several programs, speakers, and activities on the importance of mental health and well-being based in Baker-Berry Library Library



#### Berry Library, First Floor



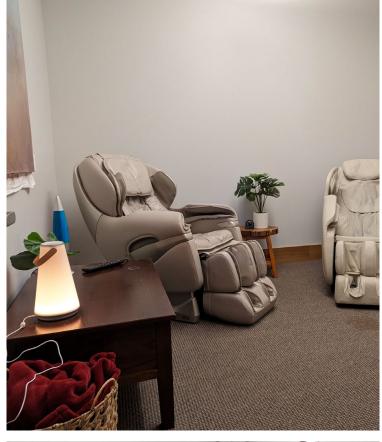




Enhancing the Current Built Environment



## Tranquility Room







Educational Materials & Resources



# Benefits from Being in the Library

Convenient Access to Space and Services

**Enhancing Academic Performance** 

Creating a Supportive Environment

**Community Building** 



### Student Quotes

"When I come in here, I feel a sense of peace and relaxation."

"We can be ourselves!"

"The other day I had two midterms and was really stressed out. I came in here for a break and felt the stress lift off my shoulders."

"No pressure to be productive."



# Partnerships & Collaboration

Co-located with Academic Skills Center

Dartmouth Academic Support Network

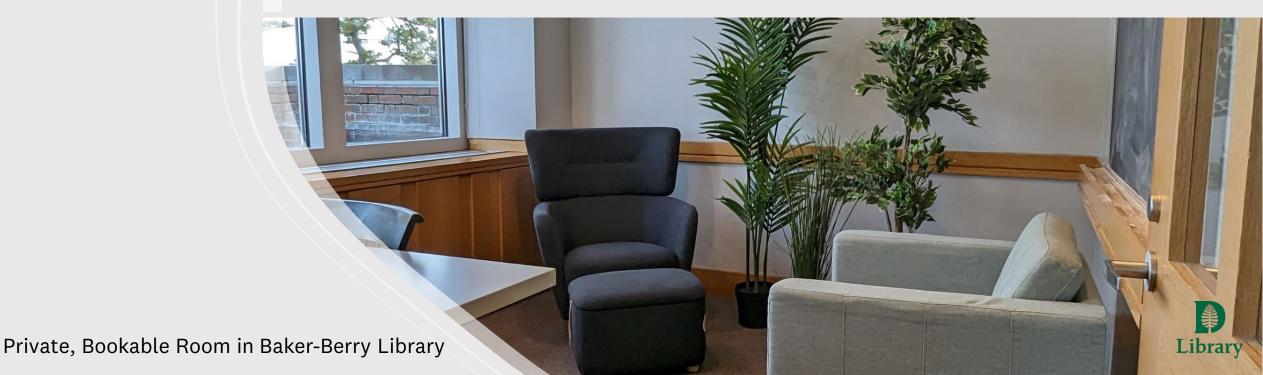
**Reducing Barriers** 

Partnerships with Student Organizations





### Student Mental Health & Wellness



### Library Staff Training

Bystander Intervention Training

Motivational Interviewing













Baker Library Lawn - Extending the Wellness Footprint in a Public Setting

# Healthy Ecosystem of Faculty, Staff & Students

"... the single greatest service we can do for our students, our faculty, and our staff, is to support them on their wellness journeys."

### Dartmouth President Sian Beilock

Inaugural Address, 22 September 2023



# Belonging Between the Books

Library as Platform: Designing for Belonging and Wellness



Gina M Fernandes (she/her)
PhD Student, College of Design
North Carolina State University

## Land Acknowledgement

We respectfully acknowledge the University of Arizona is on the land and territories of Indigenous peoples. Today, Arizona is home to 22 federally recognized tribes, with Tucson being home to the **O'odham** and the **Yaqui**. Committed to diversity and inclusion, the University strives to build sustainable relationships with sovereign Native Nations and Indigenous communities through education offerings, partnerships, and community service.

### University of Arizona's Land Acknowledgement Statement

NC State University is a land-grant institution for the people of North Carolina and respectfully acknowledges that the lands within and surrounding present-day Raleigh are the traditional homelands and gathering places of many Indigenous peoples, including eight federally and state-recognized tribes: **Coharie, Eastern Band of Cherokee**, **Haliwa-Saponi, Lumbee, Meherrin, Occaneechi Band of the Saponi Nation, Sappony and Waccamaw Siouan.** We share an ongoing responsibility to safeguard these lands and to respect the sovereignty of the tribes and Indigenous nations residing in North Carolina. NC State honors all Indigenous peoples who have been and continue to be an integral part of our university's history and culture.

North Carolina State University

## Positionality

East Indian + Goan + Catholic

Seattle, WA + Washington, DC + Raleigh, NC

Bachelor of Arts, International Affairs (GWU)

Master of Arts, Higher Education (GWU)

Master of Architecture (UMD)

5+ Years Ayers Saint Gross

3 Years UDC Adjunct Faculty

DCNOMA Chapter President

PhD Student at NCSU



TO BELONG

TO MATTER

ASSESSING FOR BELONGING

DESIGNING FOR BELONGING

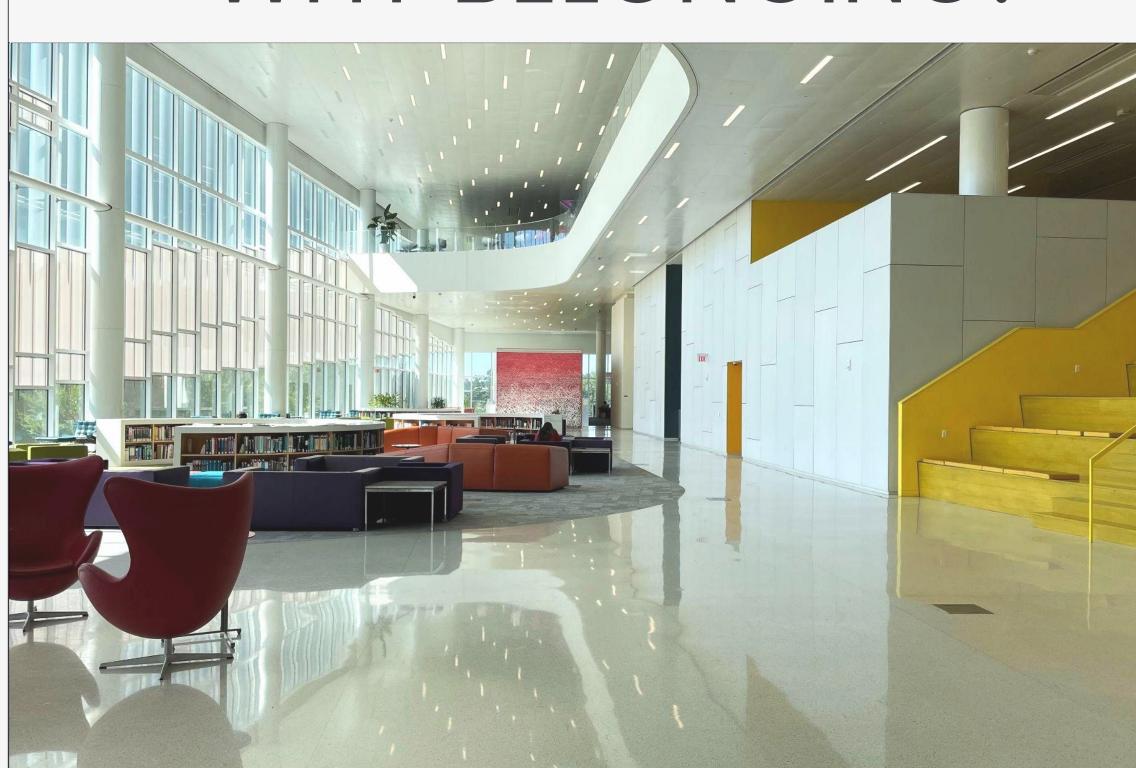
### **GAME PLAN**

## WHY BELONGING?

Why does everyone keep talking about it?

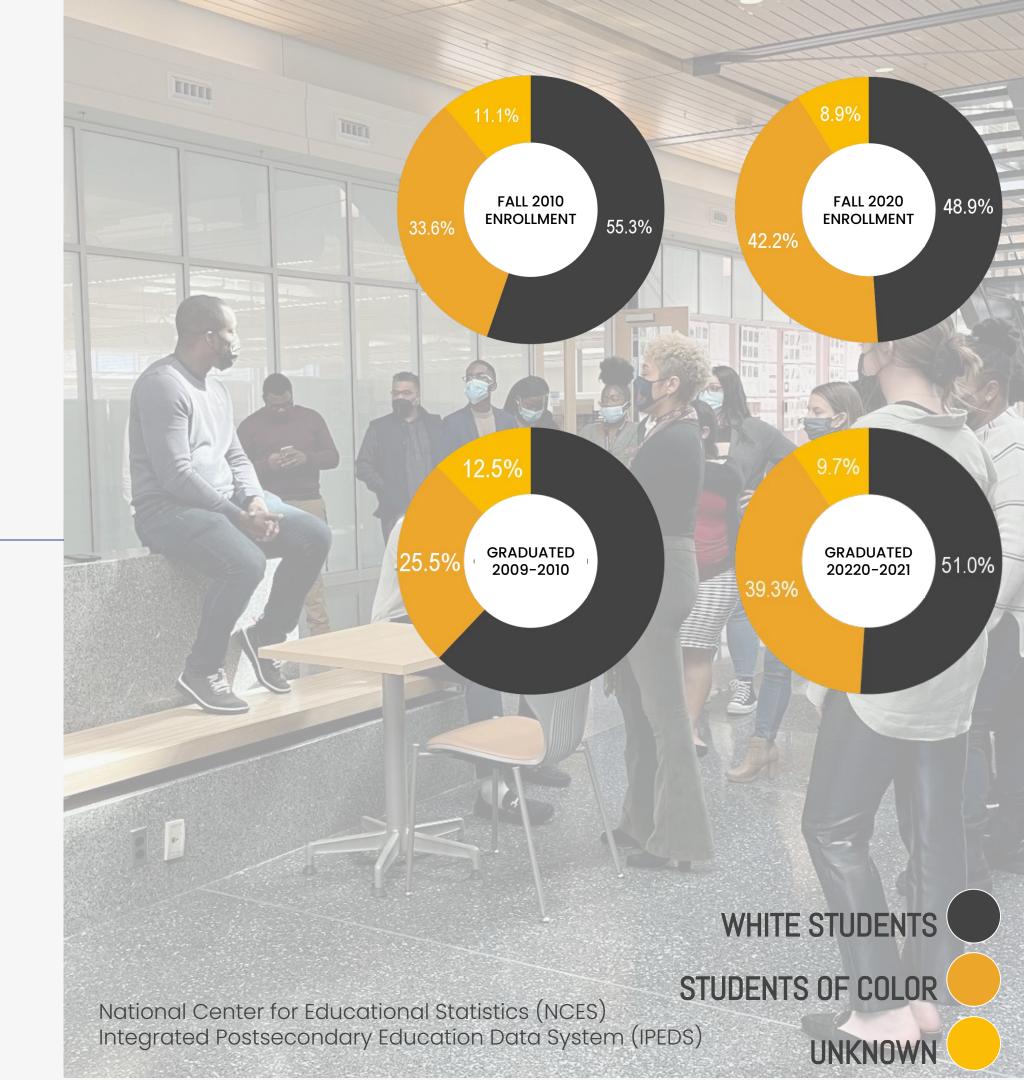
Isn't it obvious that everyone should belong?

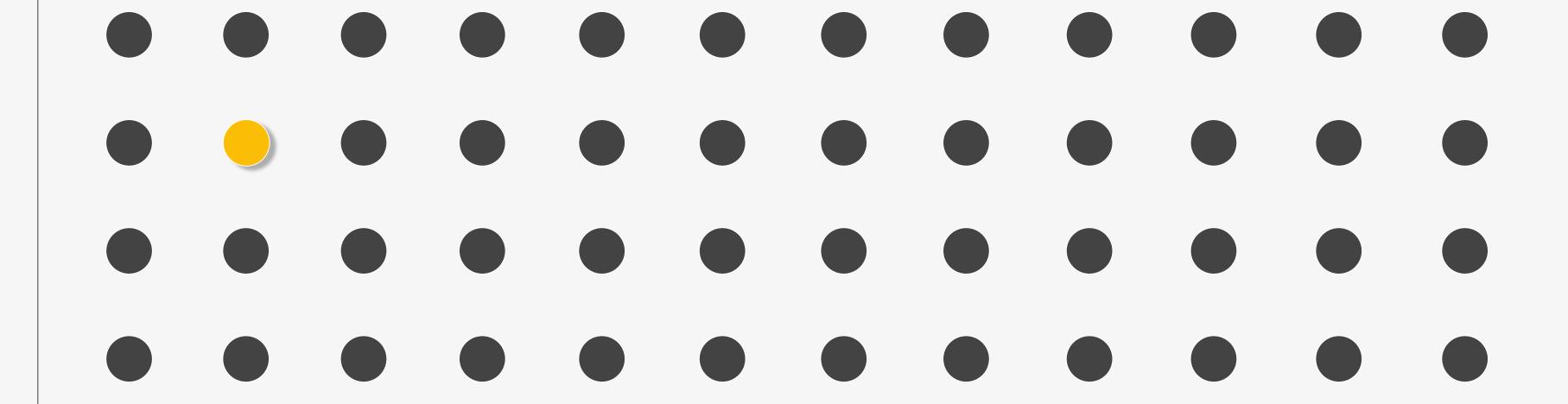
How does Justice, Equity, Diversity, and Inclusion lead to Belonging?

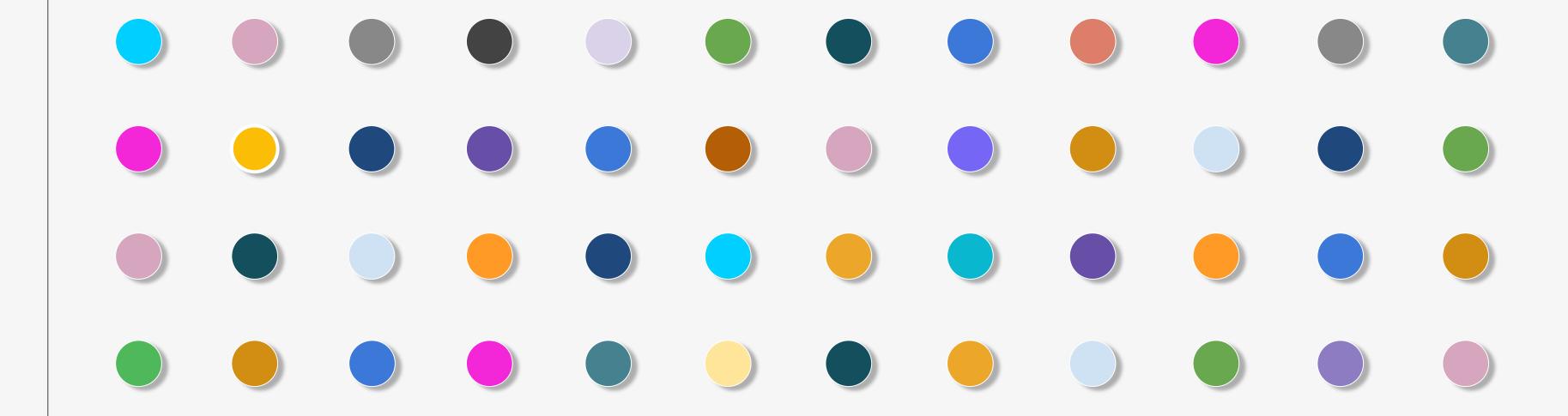


On increasingly majority-minority campuses, we must engage students at the margins who bring intersecting identities, that include gender, race, color, age, first-generation, language, religion, ability, neurodivergence, sexuality, socio-economic status (SES)

So, how does a student develop a sense of belonging?









What words do you associate with belonging?

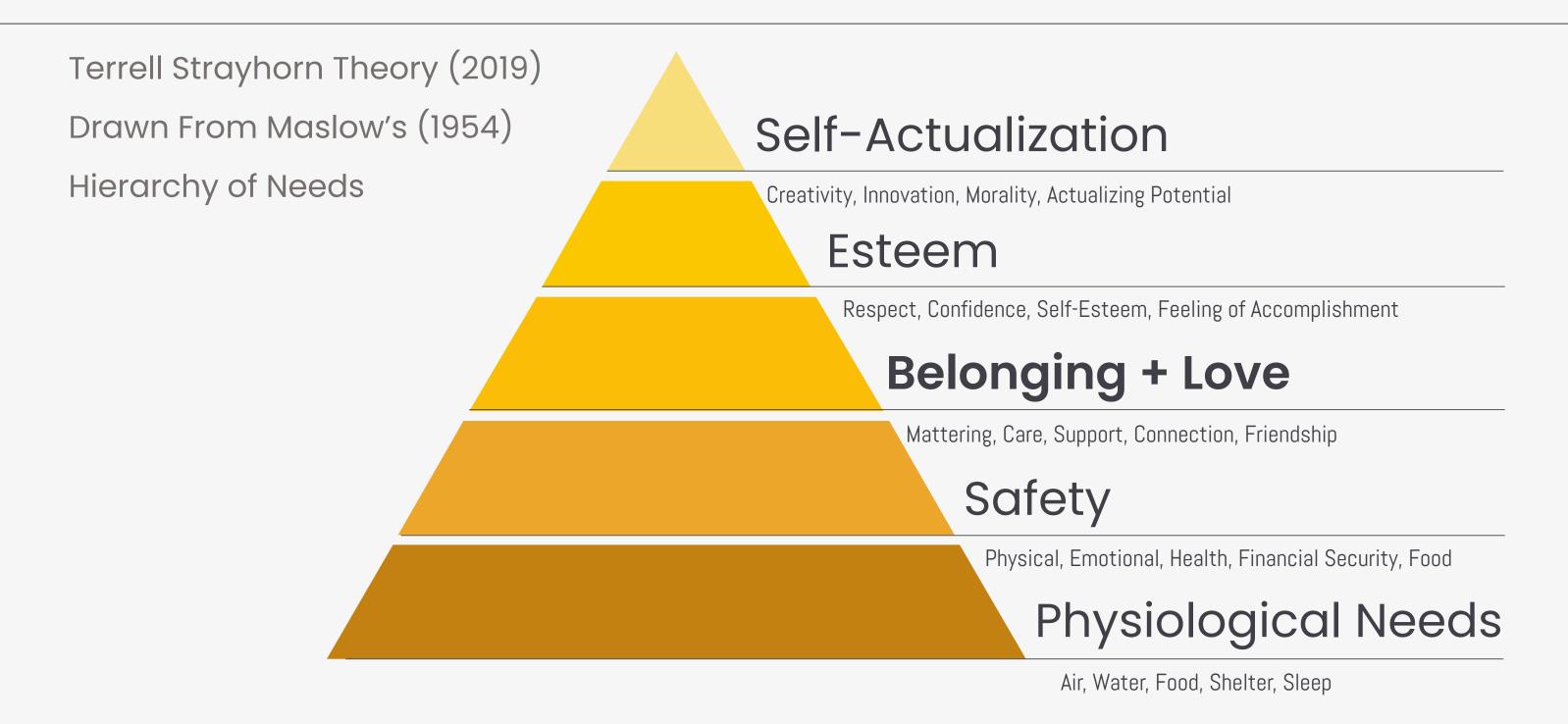


## to belong...

"...students' perceived social support on campus, a feeling or sensation of connectedness, the experience of mattering or feeling cared about, accepted, respected, valued by, and important to the group..."

College Students' Sense of Belonging Terrell Strayhorn, 2018, pp. 28-29

### STUDENTS' SENSE OF BELONGING



## STUDENTS' SENSE OF BELONGING

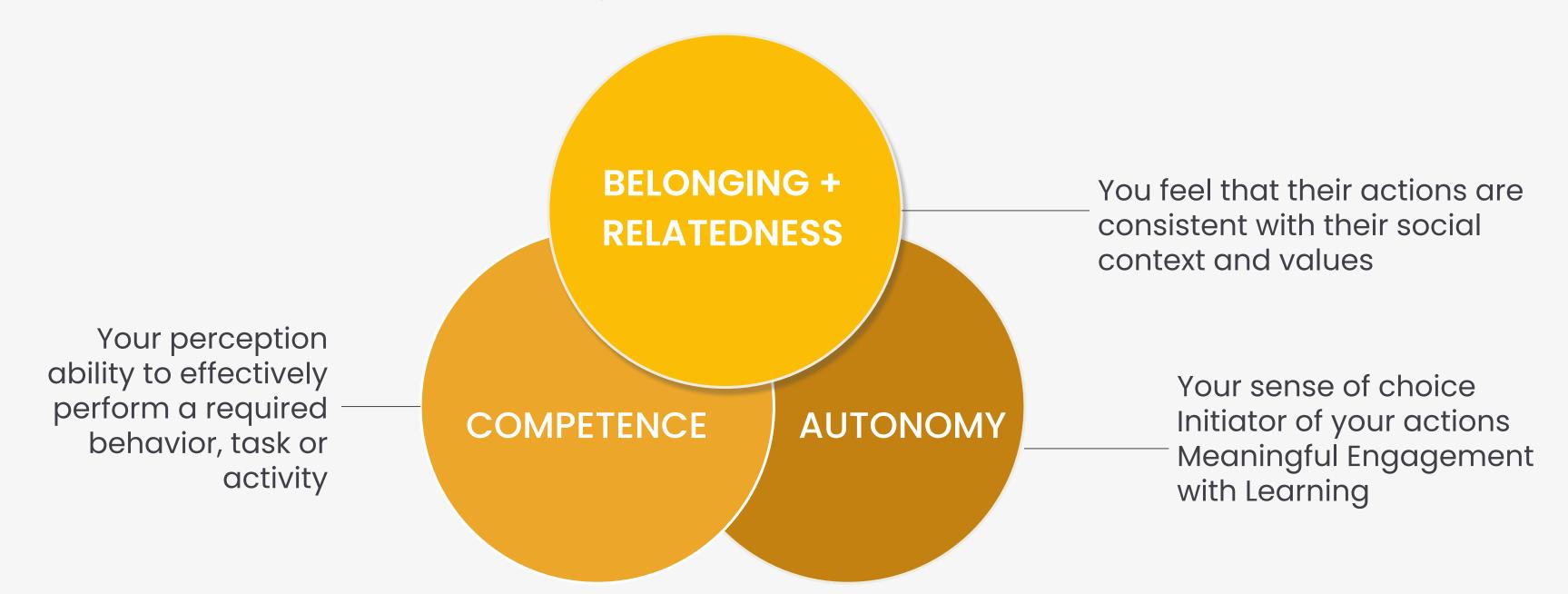
- 1. Universal basic need
- 2. Fundamental motive sufficient to drive Behavior
- 3. Context, time, and factors determine Importance
- 4. It is Related to Mattering
- 5. It is influenced by one's identity
- 6. Leads to positive outcomes and success
- 7. Must be satisfied as conditions change

Core Elements: Sense of Belonging

Terrell Strayhorn (2019, p. 30)

### SELF DETERMINATION THEORY

Motivational Theory: Drawn from Cognitive Evaluation Theory by Deci & Ryan (1985)



# INFLUENCE ON BELONGING

Fernandes (2023) Influence on College Students' Sense of Belonging

Drawn from:
Development Eccles +
Roeser's (2015) Schools
as Central Contexts of
Development

Drawn from:
Bronfenbrenner's
(1979) Ecology of
Human Development

MACRO-STRUCTURE
SOCIOCULTURAL
ORGANIZATIONAL
INTERPERSONAL
INSTRUCTIONAL
PROCESS

DEVELOPMENTAL OUTCOMES

PEDAGOGY

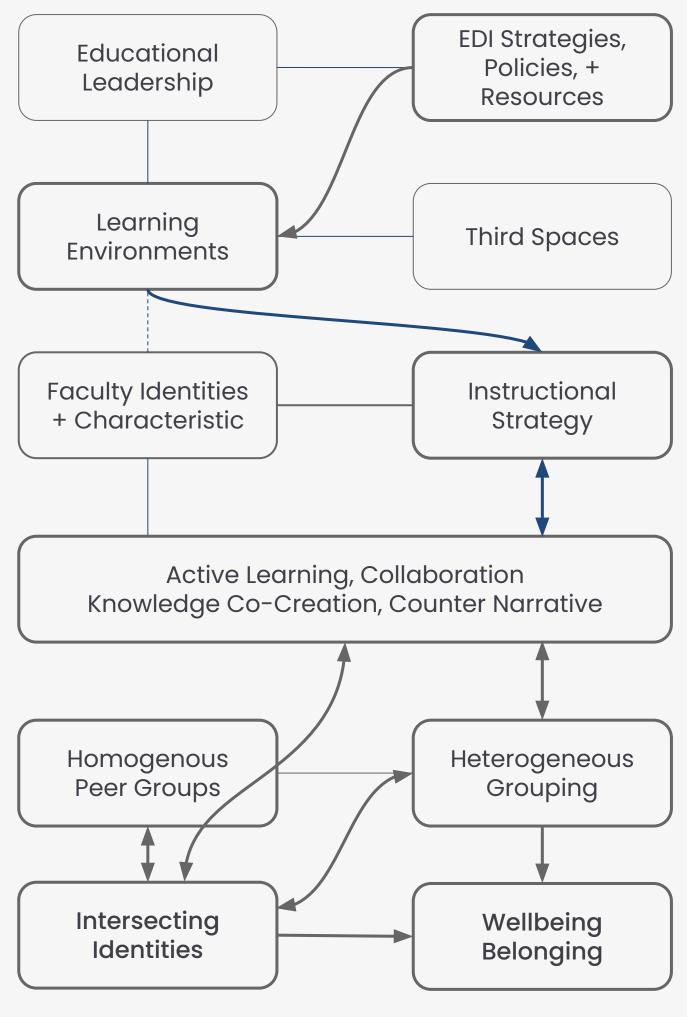
ENVIRONMENT

PROFESSOR

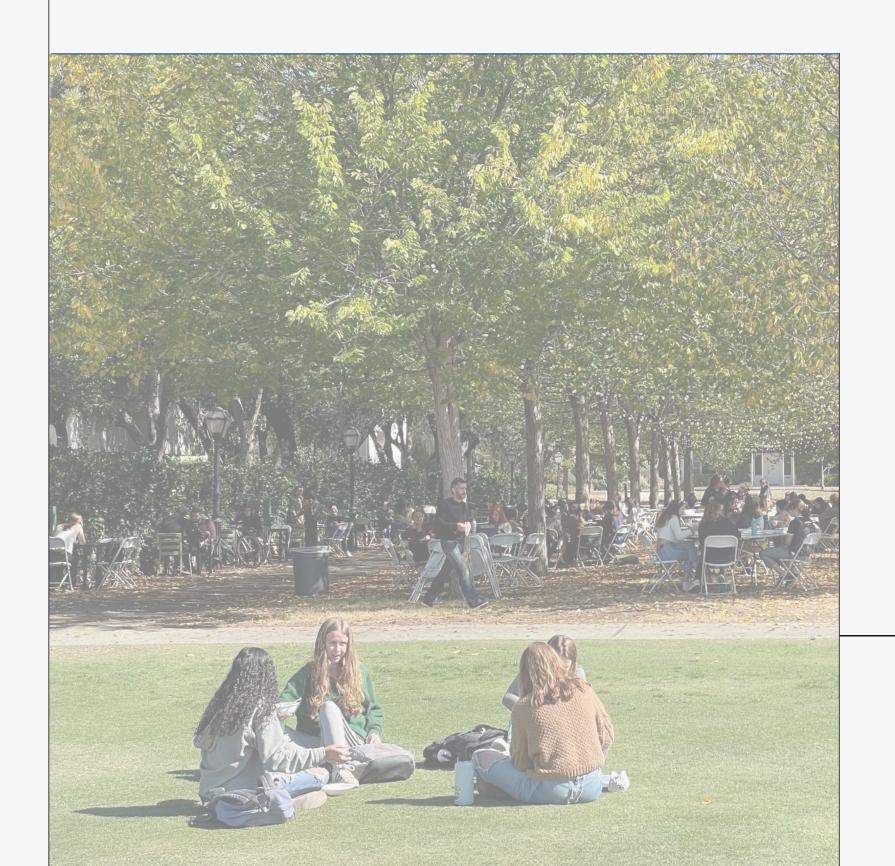
INSTITUTION

GROUP STRUCTURE

**STUDENT** 



## ESSENCE OF BELONGING



Feeling of Mattering

Needed, Wanted, relied upon

Appreciated, Respected, Valued

Associated with Self-Actualization and Student Success

"Free to let your freak flag fly!"

Marginalizatized

Loneliness

Anxiety + Worry

Apathy +

Disconnection

Sense of Alienation

"Out of Place"

What is belonging at its core?

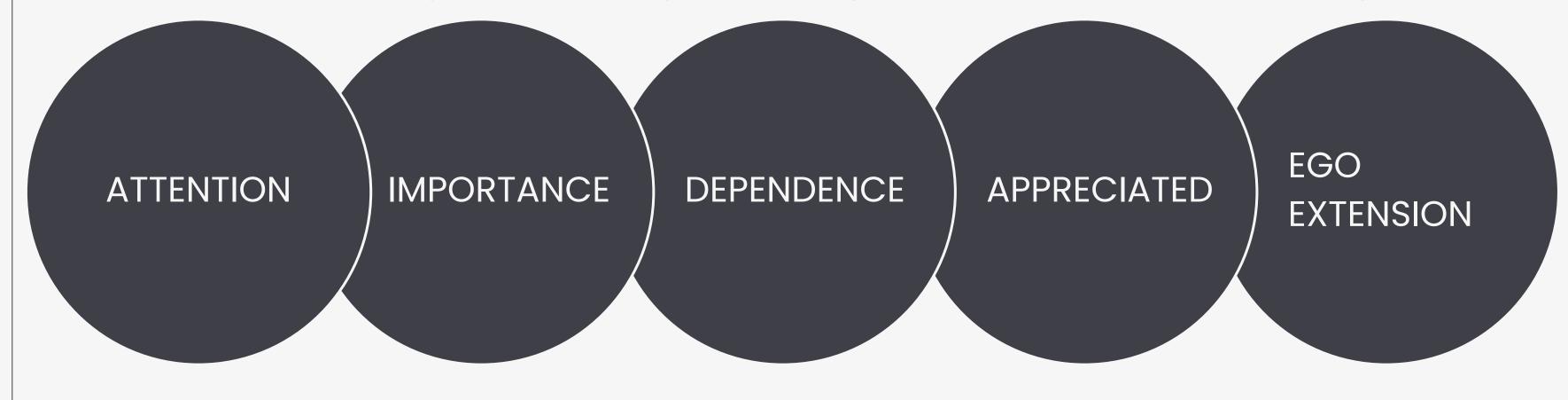
## to matter...

"...the feeling that others depend on us, are interested in us, are concerned with our fate, or experience us as an ego-extension exercises as a powerful influence on our action"

Marginality and Mattering: Key Issues in Building Community Rosenberg & McCullough, 1981, p. 165, as quoted by Schlossberg, 1989, p. 8

### MATTERING

Dimensions of Mattering from Rosenberg & McCullough (1981), adapted by by Schlossberg (1989)



"They see me"

"They care about me"

"They need me"

"They appreciate me"

"They are proud of me"

# OUR ASSUMPTIONS... Everyone feels like they belong or that they matter to someone!

## MY LIBRARIANS



Joanne Boerth Forest Ridge School

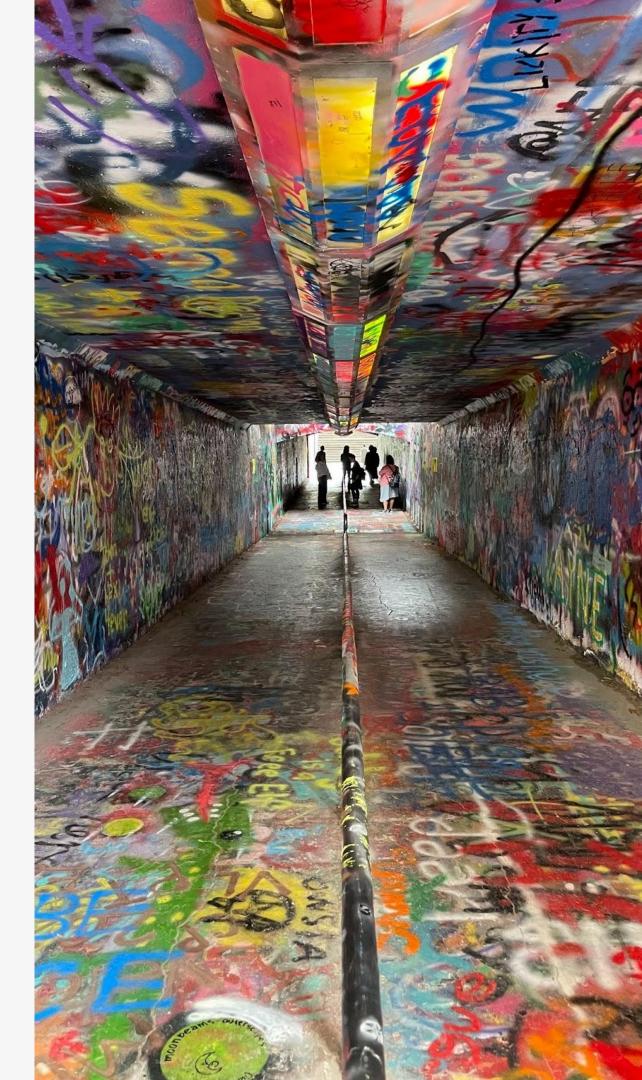


Cindy Frank University of Maryland



Karen DeWitt North Carolina State University

ACTIVITY: Write down a time in college when you felt like you mattered to someone!



# ASSESSING FOR BELONGING

From - Black and Belonging at School: A Case for Interpersonal, Instructional, and Institutional Opportunity Structures

Gray, Hope, + Matthews (2018, p. 2)

### **INTERPERSONAL OPPORTUNITY STRUCTURE**

Facilitation of social ties including peer-peer and student-faculty relationships (student-librarian!)

### **INSTRUCTIONAL OPPORTUNITY STRUCTURE**

Engage in pedagogy and instruction that celebrates and reinforces all aspects of students' identities and cultures (heritage knowledge + cultural knowledge)

### **INSTITUTIONAL OPPORTUNITY STRUCTURE**

Cooperative collaboration between students, faculty, and institution (community) to eliminate structural barriers that disparage or reject marginalized populations

# ASSESSING FOR BELONGING

From - Black and Belonging at School: A Case for Interpersonal, Instructional, and Institutional Opportunity Structures

Gray, Hope, + Matthews (2018, p. 8-12)

### **Strategy 1**

Recognize institutional policies and environmental factors that could constrain suggested belonging reform efforts

### **Strategy 2**

Identify the conceptual and operational boundaries of instructional and institutional opportunity structures

### **Strategy 3**

Develop observational tools that critically assess belongingness opportunity structures as conveyed through classroom discourse

### **Strategy 4**

Situate examinations of belonging opportunity structures within historical contexts

Shannon Dowling

Equitable & Inclusive Campus Environments

Shannon Dowling, MArch, AIA, LEED<sup>AP</sup>, SCUP Fellow 2020–2021

### **MEET SHANNON DOWLING**



2023

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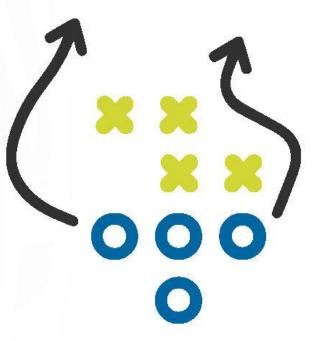
DESIGNING LIBRARIES X | OCTOBER

Shannon Dowling, MArch, AIA, LEED<sup>AP</sup>, is an architect, analyst, and educator who focuses on creating research-driven and student-centered learning environments. She enjoys devising innovative strategies to address evolving educational learning populations and styles. Dowling serves as the learning environments strategist on architecture and planning projects at Ayers Saint Gross.

In addition to her work at Ayers Saint Gross, Dowling was an adjunct professor in the School of the Arts at Virginia Commonwealth University from 2008–2019. She is a member of the Learning Spaces Collaboratory, a national think tank of architects, planners, and academics focused on studying best practices for learning spaces. Dowling has a Master of Architecture, Metropolitan Research + Design from the Southern California Institute of Architecture and a Bachelor of Architecture from Virginia Tech. She is an alumna of the Society for College and University Planning Institute. Dowling lives in Richmond, Virginia, with her husband and three sons.



## Peripheral Vision



A Playbook for the

Planning + Design of

Diverse, Equitable & Inclusive Campus Environments

SCUP Fellow Research Project Final Report

Shannon Dowling

### Society for College and University Planning SCUP Fellow Research Project Final Report The Planning and Design of Diverse, Equitable & Inclusive Campus Environments

Shannon Dowling, MArch, AIA, LEED<sup>AP</sup>, SCUP Fellow 2020–2021

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2023

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Outdoor Spaces 01 Choice + Voice Student Study + Lounge Spaces Connection SPACE TYPES THEMES Formal Learning Comfort Faculty + Staff Security + Well-Being Residential Life 05 Signage + Direction

SCUP Fellow Research Project Final Report

Shannon Dowling

### Society for College and University Planning SCUP Fellow Research Project Final Report The Planning and Design of Diverse, Equitable & Inclusive Campus Environments

Shannon Dowling, MArch, AIA, LEEDAP, SCUP Fellow 2020–2021

#### **MEET SHANNON DOWLING**



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OCTOBER

DESIGNING LIBRARIES X

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### **Potential Assessment Metrics**

The following columns list suggested metrics for institutions that would like to measure progress over time. Not all metrics below will be relevant to every institution. Please select the objectives that best align with your institution's vision and core values. Congratulations on starting this conversation and studying this relevant topic at your institution. Invite students into the discussion and listen to their experiences and suggestions. I appreciate your interest in this project and wish you each the best of luck as you embark on this journey.

#### Outdoor Spaces

#### number of intentional outdoor environments per facility or student

- number of different outdoor furniture choices provided on campus
- number of transportation modes accommodated on campus
- percent of complete street grids
- percent of accessible paths and entryways
- percent of buildings, streets, and paths that are signed
- percent of buildings and historic sites labeled with honest campus history, culture, and context
- percent of vegetation native to the region

### Student Study + Lounge Spaces

- percent of informal student space per academic building
- number of different furniture choices or adaptations per informal space
- percent of student seats with:
- unobstructed line of sight to entryways
- view to the outdoors
- · access to an outlet
- access to a monitor or whiteboard
- user control over lighting, acoustics, or thermal comfort
- number of restrooms with:
- a standard layout of fixtures and accessories
- that are gender inclusive
- that contain children and adult changing tables
- percent of nap and mothering rooms per students, faculty, and staff

### Formal Learning Environments

- square foot per student within instructional spaces
- number of different furniture choices or adaptations per instructional space
- percent of accessible desks per instructional space
- percent of student seats
   with:
- unobstructed line of
- sight to entryways
- view to the outdoors
- · access to an outlet
- access to a monitor or whiteboard
- user control over lighting, acoustics, or thermal comfort
- percent of instructional seats that the instructor can reach in the room
- number of sandboxing/ training spaces on campus
- percent of students and faculty trained to use innovative furnishings and technology

### Faculty + Office Spaces

- percent of collaboration space per occupant
- percent of faculty offices within sight of an informal student space
- number of different furniture choices or adaptations per office
- percent of workspaces
   with:
- unobstructed line of sight to entryways
- · view to the outdoors
- user control over lighting, acoustics, and thermal comfort
- access to planters, green walls, water features, and calming color palettes
- percent of storage space per occupant
- percent of office layouts where furniture barriers between occupant and visitors have been eliminated
- number of office spaces proximate to indoor or outdoor areas that promote health, fitness, respite, and relaxation



- percent of community space per residence hall
- number of different furniture choices or adaptations per unit
- · percent of units with:
- user control over lighting, acoustics, and thermal comfort
- access to private or communal kitchens
   access to gender-
- neutral restrooms
   animal-friendly accommodations
- number and cost of housing options available to graduate students or students on a non-traditional calendar
- number of nonresidential students that can be accommodated via nap pods, lounges, or other places of respite
- number of units proximate to indoor or outdoor areas that promote health, fitness, respite, and relaxation

ACTIVITY: How can you work with your students to assess an opportunity structure?



# designing for belonging...

The campus community bears responsibility for the *health, safety,* and well-being of all of its students.

Critical design methods and critical pedagogy invites students at the margins to *investigate, create, and validate just places to learn,* which will enhance their learning experience, success and sense of belonging (Adams & Bell, 2016; Shor, 1992; hooks, 2009; Freire, 1968).

Transformative design for belonging goes beyond design for learning by *empowering students to shape learning communities* and campus cultures (Souto-Manning, et al., 2021; Winn & Winn, 2021; Museus & Jayakumar, 2012).



# ANY QUESTIONS?

Photo: NBC